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## CLIENT INFORMATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Name of Emergency Contact (required for Telehealth): \_\_\_\_\_

Emergency Contact phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Spouse or Partner's Name: \_\_\_\_\_

Marital Status: single\_\_ married\_\_ separated\_\_ divorced\_\_ domestic partners\_\_ widowed\_\_

Others living in your home: \_\_\_\_\_

How did you find my practice? \_\_\_\_\_

### Presenting Problem - Please check all that apply

|                |       |               |       |                 |       |
|----------------|-------|---------------|-------|-----------------|-------|
| Alcohol        | _____ | Divorce       | _____ | Life transition | _____ |
| Anger          | _____ | Drug abuse    | _____ | Marital issues  | _____ |
| Anxiety        | _____ | Eating habits | _____ | Overwhelm       | _____ |
| Chronic stress | _____ | Family issues | _____ | Sexual abuse    | _____ |
| Crime victim   | _____ | Fear          | _____ | Sleeping habits | _____ |
| Death/grief    | _____ | Guilt         | _____ | Suicidal        | _____ |
| Depression     | _____ | Legal issues  | _____ | Other           | _____ |

Describe "other:" \_\_\_\_\_

Describe duration of problems: \_\_\_\_\_

Past counseling experience (when, where, how long): \_\_\_\_\_

Prescription medications: \_\_\_\_\_

\_\_\_\_\_

Nutritional supplements: \_\_\_\_\_

\_\_\_\_\_

Known medical conditions: \_\_\_\_\_

Regular exercise/movement: \_\_\_\_\_

Describe your support system: \_\_\_\_\_

What is your spiritual orientation? \_\_\_\_\_

Name of Primary Care physician: \_\_\_\_\_

Psychiatric hospitalizations: \_\_\_\_\_

**Family History:**

Parents: Location if living \_\_\_\_\_

Date of divorce or deaths if applicable: \_\_\_\_\_

Siblings (how many, older or younger than you?): \_\_\_\_\_

\_\_\_\_\_

Current nature of family relationships: \_\_\_\_\_

\_\_\_\_\_

**Other Information important to you:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_